



# 2018 SUMMER ACTIVITY GUIDE



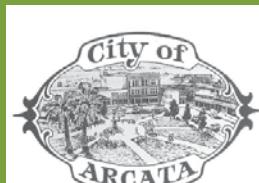
**GET OUTSIDE AND PLAY!** [www.mapofplay.kaboom.org](http://www.mapofplay.kaboom.org)

Arcata Recreation Division

736 F Street, Arcata

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**DINE**



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## Arcata Parks & Playgrounds Map in the center!

## Arcata Recreation Gift Cards *An Adventurous Gift!*

Available in increments of  
\$25, \$50 and \$100.

A perfect gift for all ages and occasions, good for any of our activities! Perfect for all occasions!

**Go ahead,  
Give the Gift of Experience!**



# ARCATA RECREATION DIVISION

## Parks & Recreation Committee

*Everyone is welcome to these meetings!*

Meets the second Wednesday of each month at 6 p.m. in the City Hall Council Chambers, 736 F Street, Arcata

**Nancy Starck, Chair**

**Deborah Coles, V. Chair**

**Zane Brotherton**

**Sheldon Heath**

**Calder Johnson**

**Steven Martin**

**Jayne McGuire**



Creating Community Through  
People, Parks and Programs

## The Power of Play

Arcata Recreation believes in the power of play. Anything that gets us moving, exploring, creating & learning can greatly enhance our overall quality of life. Looking to pick up a new skill?

Meet new people?

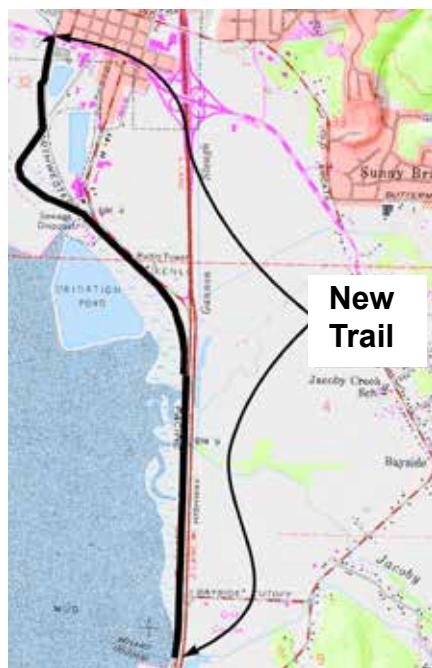
Just want to have fun? We offer a wide array of programs, facilities, classes and community events for families and individuals of all ages and interests.

*The possibilities are endless, so join us, it's time to play!*

## HUMBOLDT BAY TRAIL NORTH

### HUMBOLDT BAY TRAIL NORTH HAS BEEN COMPLETED!

The Humboldt Bay Trail will be a network of paved paths connecting the communities around Humboldt Bay. Efforts are actively underway to complete a continuous 14-mile, non-motorized trail from Arcata to the southern end of Eureka. Arcata's portion of the Trail currently extends from Sunset Avenue (near the Larson Park and the Arcata Skateboard Park) south along Alliance Road past Arcata High School and along L Street across Samoa Boulevard and south through the Arcata Marsh, for a total length of 4.5 miles. The trail continues south along the North Coast Railroad Authority's railroad to the south of Bayside Cutoff along Humboldt Bay. So now that Humboldt Bay Trail North is complete –whether you scoot, skate, blade, roll, bike, walk, run, bird watch, or enjoy a sunset...get out there and enjoy it!



# So MANY WAYS TO REGISTER!

Arcata Recreation is committed to making registration simple.

## Register Online (Visa/MC Required)

The online registration system allows you to check availability of certain programs, register immediately if your online account is already activated and print your own receipt. *You can even print your own childcare statement at tax time!* New accounts may be set up online. Call (707) 822-7091 if you need assistance or need a reminder of your username.

**Visit [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec) today!**

## Register by Email/Mail/Fax

Download a Master Registration Form from [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec). (Forms can be emailed, faxed or mailed to you upon request.) Return the completed Registration Form via:

**Email:** [rec@cityofarcata.org](mailto:rec@cityofarcata.org)

**Fax:** (707) 825-2118 (*Call 822-7091 to confirm receipt of fax and pay.*)

**Mail:** City of Arcata Recreation, 736 F St. Arcata, CA 95521

*Make checks payable to: City of Arcata*

## Register by Phone (Visa/MC Required)

Already have a current Registration Form on file with us? Simply call (707) 822-7091 and choose the program/activity you'd like to register for. Please be ready with your Visa or MasterCard number for payment.

## Register in Person

Recreation staff are happy to help you register at the office, located at 736 F Street inside Arcata City Hall, on the corner of 7th and F streets. Office hours are Monday through Friday, 9 a.m. to 5 p.m. We do not close for lunch. Come on in!

### Why a non-resident fee?

Arcata Recreation Programs are supported by Arcata property owner tax payments.

We accept cash, checks &



**Be the first to know about upcoming classes and events**  
**SUBSCRIBE to our events on Facebook**  
**and never miss out on the fun again.**

# COMMUNITY EVENTS

## April 2018

- L.I.T. registration opens
- Summer Camp registration opens
- Summer Farmers' Market begins,
- Godwit Days • Spring Break Camp
- Summer Farm Shares available

## May 2018

- Kinetic Sculpture Race

## June 2018

- L.I.T. registration ends
- Humboldt Crabs Baseball begins
  - Arcata Bay Oyster Festival
  - Summer Camps begin
- All Seasons Orchestra Concert
- Garden Plots available for rent

## July 2018

- 4th of July Jubilee • Plays in the Park

## August 2018

- Friday Night Flicks, • Vendors apply for Holiday Craft Market • Summer Camps end • Lantern Ceremony

## September 2018

- I Street Block Party
- North Country Fair

*Float a lantern in remembrance  
of a loved one.*



*Rededicate yourself to peace.*

## Lantern Floating Ceremony

The Lantern Floating Ceremony was brought to Arcata over 30 years ago. The ceremony will be an evening in August. Gather at Klopp Lake in the Arcata Marsh at the very end of South I Street, Arcata.

Make your own lantern that morning with volunteers and lantern-making supplies at the Arcata Farmers' Market.

## Why Choose Alder Bay?

We believe elders are still learning, growing, and giving back to those around them. We believe in creating an environment where elders direct the way they want to live.

Choosing Alder Bay means choosing to continue to grow and thrive, with peace of mind in knowing that we are nearby if needed.

**ALDER BAY**  
ASSISTED LIVING

Creating environments where moments of joy, independence, and wellness are the focus each and every day



1355 Myrtle Avenue • Eureka  
707.273.6469 • alderbayalf.com

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MAD RIVER UNION

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# SENIOR PROGRAMS

*...for those 60 and better!*

The Humboldt Senior Resource Center operates a senior lunch and activity site at the Arcata Community Center,  
321 Dr. Martin Luther King Jr. Parkway.

**Lunch Service: Tuesday - Friday 11:30 a.m. - 12:15 p.m.**

*Lunches are not served on Mondays.*

## 60 AND BETTER! ACTIVITIES

- support groups & counseling
- arts & crafts
- health assessments
- live music & dancing
- exercise classes
- entertainment & more!

**We're always looking for new volunteers  
to bring fresh ideas to the center!**

**For a Calendar of  
Activities call the  
Senior Office:  
825-2027.**

**Visit  
[www.humsenior.org](http://www.humsenior.org)  
for more details and  
locations.**



# LIGHTS UP!

## Ferndale Repertory Theatre's Annual Musical Workshop

**June 18-June 29, 2018**

(plus a final showing on Saturday, June 30)

**Ages 7-12:** 9:00 a.m.-12:00 p.m., Monday-Friday

**Ages 13-18:** 1:00 p.m.-4:00 p.m., Monday-Friday

**Tuition:** \$150 (scholarships available)

Teaching artists Eric William Jones and Emilia Björk will work with campers to create an original musical adventure! Be prepared for two weeks of singing, dancing, acting and having a blast!

ENGAGE • EDUCATE • EXCITE

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# SUMMER CAMPS



**REDWOOD DAY CAMP OPTIONS:**  
All Day Camp: 9 AM-5 PM  
Morning Camp: 9 AM-1 PM



**MORNING CAMPS:**  
9 AM-1 PM



**AFTERNOON CAMPS:**  
1-5 PM:

Redwood Day Camp offers both Full Day and Half Day morning options.

## Extended Care Hours:

**Early Drop-off** 7:30 a.m. for Redwood Day Camp/ 8 a.m. for morning camps

**Late Pick-up** 5:30 p.m. afternoon camps. See next page for details.

WEEK AND DATES	REDWOOD DAY CAMP AGES 5-12	MINI MOVERS DANCE CAMP AGES 4-6	DANCE CAMP AGES 7-9	SKATE CAMP AGES 6-9	SKATE CAMP AGES 6-14	THEATER CAMP AGES 9-14	YOUNG CREATORS ART CAMP AGES 4-6	ART CAMP AGES 7-12	YOUNG EXPLORERS SCIENCE CAMP AGES 4-6	MARSH EXPLORERS SCIENCE CAMP AGES 7-9	ADVENTURE CAMP AGES 9-14
WEEK 1 JUNE 18-22	●	●	●	●	●	●	●	●	●	●	●
WEEK 2 JUNE 25-29	●	●	●	●	●	●	●	●	●	●	●
* WEEK 3 JULY 2-6	●	●	●	●	●	●	●	●	●	●	●
WEEK 4 JULY 9-13	●	●	●	●	●	●	●	●	●	●	●
WEEK 5 JULY 16-20	●	●	●	●	●	●	●	●	●	●	●
WEEK 6 JULY 23-27	●	●	●	●	●	●	●	●	●	●	●
JULY 30-AUG 3 WEEK 8	●	●	●	●	●	●	●	●	●	●	●
WEEK 9 AUG 6-10	●	●	●	●	●	●	●	●	●	●	●
WEEK 10 AUG 13-17	●	●	●	●	●	●	●	●	●	●	●
AUG 20-24	●	●	●	●	●	●	●	●	●	●	●

# SUMMER CAMPS



## Payment Plan Option (w/Automatic Credit Card Billing)

To utilize our Payment Plan option, prior to enrolling your child into camp, you must complete an Automatic Credit Card Billing Authorization Form.

### How the Payment Plan option works:

- Pay for your child's first week of camp in full and also pay a non-refundable \$25 payment for each additional week for which you'd like to enroll.
- The remaining balance must be received in full at least one week prior to each enrolled week of camp.
- If payments are not made by 5:00 p.m. each Monday before your child's enrolled week of camp begins, the full amount will be charged to the credit card on file.

*We encourage you to only enroll for weeks you plan to attend, as you are holding a valuable spot.*

## Did You Know We Offer Day-Camp Combos?

You can add variety to your child's summer by combining a half-day enrollment at one camp with another of our half-day camps. Register for mornings at Redwood Day Camp, Dance/Mini Movers Dance Camp, Theater Camp or Skate Camp (9 a.m. to 1 p.m.), then choose from: Young Creators/Art Camp, Marsh /Young Explorers Science Camp, Skate Camp, or Adventure Camp for the remainder of the day (1 to 5 p.m.).

*When you choose a Camp Combo, you will be charged \$145 / \$155 non-residents. (Week 3 Combo: \$116 / \$136 non-resident).*

*Some Camp Combos require parents to transport your camper to the next camp – transportation is not provided to or from the Arcata Skate Park or Arcata Marsh.*

## Extended Care

*At no extra charge, you can drop off your camper as early as 8:00 a.m. for morning camps (7:30 a.m. for Redwood Day Camp) and pick up your camper as late as 5:30 p.m. for afternoon camps. A late fee may be required if your camper is not picked up by 5:30 p.m.*

# REDWOOD DAY CAMP

**For ages 5 to 12 years**

(All 5 year old campers *MUST* also be entering Kindergarten in the fall)



This popular camp teaches real life skills in socialization, leadership and teamwork while exploring the world of nature, art, and cooperative learning in the beautiful setting of Redwood Park. Campers have the

opportunity to participate in a wide variety of games, art, cooking, fieldtrips, swimming (for Full Day campers) and more!

Send your  
camper with  
lunch, a water  
bottle, a healthy  
snack, and  
sunscreen every  
day!

Groups of 10 campers are assigned to one Leader, based on their age range.

- Half Day campers are placed with Half Day campers.
- Full Day campers are placed with Full Day campers.

*Free lunches are available for those in need through the Children's Summer Lunch Program, sponsored by Food For People.*

## FULL DAY:

Monday to Friday, 9 a.m. to 5 p.m.

## HALF DAY MORNINGS:

Monday to Friday, 9 a.m. to 1 p.m.

## EXTENDED CARE:

7:30 a.m. to 9 a.m.

**AND** 5 p.m. to 5:30 p.m.

**FULL DAY FEE:** \$145 / \$155 non-resident

**HALF DAY FEE:** \$105 / \$115 non-resident

## WEEK 3 (SUPERHEROES, 4 DAYS)

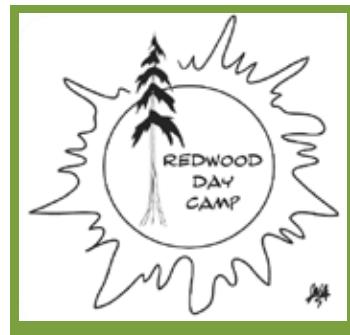
### FULL DAY FEE:

\$116 / \$126 non-resident

## WEEK 3 (SUPERHEROES, 4 DAYS)

### HALF DAY FEE:

\$84 / \$94 non-resident



Receive a cool  
Redwood Day Camp  
T-shirt when  
you register for  
Redwood Day Camp!

# REDWOOD DAY CAMP

## Redwood Day Camp Dates & Themes

### WEEK 1: JUNE 18 - 22 • UNDER THE SEA

Start the summer off with fun in the sun! Join us as we celebrate the North Coast with aquatic-themed adventures, oceanic crafts and nautical games.

### WEEK 2: JUNE 25 - 29 • Go GREEN

We take direct inspiration from our beautiful redwoods and nature and think of new, fun, and exciting ways to reduce, reuse, and recycle!

### WEEK 3\*: JULY 2 - 6 • SUPERHEROES



Who's your favorite superhero? During this action-packed week, campers get to explore their own super powers and create superhero costumes. Wham!! Pow!! Zam!! **Features the first camp overnighter of the summer!**

\*Short week: No camp Wednesday, July 4.

### WEEK 4: JULY 9 - 13 • OUT OF THIS WORLD

Send your astronaut to a week filled with games and crafts not of this world. Campers will master Jedi training and search for U.F.O.s! It's sure to be a blast!



### WEEK 5: JULY 16 - 20 •

#### PIRATES OF THE REDWOODS

Ahoy matey! This popular week includes making pirate crafts, going on a huge scavenger hunt throughout Arcata and the always-popular "dress like a pirate day!" **Features the second camp overnighter of the summer!**

# REDWOOD DAY CAMP

## Redwood Day Camp Dates & Themes

### WEEK 6: JULY 23 - JULY 27 • BLAST FROM THE PAST

From ancient times to recent history, campers travel through time making crafts and playing games themed from the age of dinosaurs to the present!

### WEEK 7: JULY 30 - AUGUST 3 • SUMMER SAFARI

Campers explore the wild kingdom and bring out the wild in themselves by roaming the temperate rainforest of the Arcata Community Forest and creating lovable animal crafts.

Send your camper with lunch, a water bottle, a healthy snack, and sunscreen every day!

### WEEK 8: AUGUST 6 - 10 • CARNIVAL

Fun is in the air as campers celebrate summer with carnival-themed crafts and games, all leading up to the ever-popular Annual Camp Carnival!

### WEEK 9: AUGUST 13 - 17 • AROUND THE WORLD IN 5 DAYS

Create art projects from around the world, play games from different cultures and experience food from different countries!

### WEEK 10: AUGUST 20 - 24 • MAKING MUSIC IN THE PARK

Music comes alive in the park this week. Campers craft their own instruments, have a karaoke dance party and compose their own music.



## JOIN US FOR REDWOOD ROUNDUP!

A Camp Variety Show Fridays at 11:45 a.m.

Families and friends – everyone is welcome! Gather on the patio outside the Redwood Lodge (or inside if it's raining).

# SUMMER ART CAMPS

## Young Creators Art Camp • for ages 4 - 6

Young aspiring artists will focus on age-appropriate art projects, imaginative play and inspiring activities. Create new projects every day and explore a variety of art mediums.

DATES	THEMES
<b>Week 1:</b> June 18 - 22	Page Turners, Inspired by Books
<b>Week 3*</b> : July 2 - 6	Circus
<b>Week 5:</b> July 16 - 20	Out of this World – Space!
<b>Week 8:</b> August 6 - 10	Inspired by Nature



### LOCATION:

Arcata Community Center, Teen Room,  
321 MLK Parkway

### DAY:

Monday to Friday

### TIME:

1 to 5 p.m.  
**WEEKLY FEE:** \$116 / \$126 non-resident

**\*WEEK 3 FEE:** \$84 / \$94 non-resident

## Art Camp • for ages 7 - 12

Explore visual and performing arts while finding your very own style! Create new projects every day and work with a variety of art mediums.

DATES	THEMES
<b>Week 2:</b> June 25 - 29	Art Inspired by the Masters
<b>Week 4:</b> July 9 - 13	Under the Sea
<b>Week 6:</b> July 23 - 27	Out of this World – Space!
<b>Week 7:</b> July 30 - Aug. 3	Bugs!
<b>Week 9:</b> August 13 - 17	Inspired by Nature

**LOCATION:** Teen Room, Arcata Community Center

**DAY/TIME:** Monday to Friday, 1 to 5 p.m.

**WEEKLY FEE:** \$116 / \$126 non-resident

# DONE

## SUMMER DANCE CAMPS

### Mini Movers Dance Camp • for ages 4 - 6

In this creative movement camp, mini movers learn components of dance while exploring music, choreography, coordination, exercise, and flexibility! **Each week culminates with a Friday Performance, come out and watch it!**

DATES	THEMES	LOCATION
<b>Week 1:</b> June 18 - 22	Ballet	Redwood Lounge
<b>Week 3*</b> : July 2 - 6	Hip Hop	Redwood Lounge
<b>Week 8:</b> Aug. 6 - 10	Dances from Around the World	Redwood Lounge

**FEE:** \$116 /

\$126

non-resident

**DAY:**

Monday to Friday

\***WEEK 3**

**FEE:** \$80 /

\$90 non-resident

**TIME:**

9 a.m. to 1 p.m.



### Dance Camp • for ages 7 - 9

Dancers learn the latest dance moves and experiment with dance styles while working on core competencies. Dance Camp is open to dancers of all levels who have a love of dance and a willingness to learn and have fun. **Each week culminates with a Friday Performance, come out and watch it!**

DATES	THEMES	LOCATION
<b>Week 2:</b> June 25 - 29	Jazz Dance	Redwood Lounge
<b>Week 4:</b> July 9 - 13	Hip Hop	Community Center Gymnastics Room
<b>Week 7:</b> July 30 - Aug. 3	Dances from Around the World	Community Center Gymnastics Room

**TIME:** Monday to Friday, 9 a.m. to 1 p.m.

**WEEKLY FEE:** \$116 / \$126 non-resident

# SUMMER SCIENCE CAMPS

## Young Explorers Science Camp • for ages 4 - 6

Introduce your Young Explorers to the natural world through experiments, individual projects and engaging, age-appropriate science learning!

DATES	THEMES
<b>Week 2:</b> June 25 - 29	<b>Wetlands, the Biome Arcata Marsh Calls Home</b> Dig into wetlands and discover what makes Arcata's coastal marsh special. We'll also spend the week getting to know the aquatic and terrestrial inhabitants of the area.
<b>Week 4:</b> July 9 - 13	<b>Birds of a Feather Travel Together</b> Campers soar into the world of birds that make seasonal and permanent homes at the Arcata Marsh. Learn about shorebirds, birds of prey and many other species.
<b>Week 6:</b> July 23- 27	<b>Investigate Invertebrates of the Marsh</b> Campers get out your magnifying glasses and take a closer look at the local invertebrates. From Micro to Macro invertebrates, like insects and crustaceans, we will explore these marsh marvels.
<b>Week 7:</b> July 30 - Aug. 3	<b>Wonderful Water</b> Water plays an important role in our daily lives. Discover the value that water has in balancing the bountiful ecosystem and the benefits provided to the natural world.
<b>Week 9:</b> Aug. 13-17	<b>There's a Herpetologist in Everyone</b> If reptiles and amphibians are your thing, then this is the camp for you! Campers learn about frogs, salamanders, snakes and many more slimy and scaly creatures.

**LOCATION:** Arcata Marsh Interpretive Center, 569 South G Street

**TIME:** Monday to Friday, 1 to 5 p.m.

**WEEKLY FEE:** \$116 / \$126 non-resident



Send your camper with lunch, a water bottle, a healthy snack, and sunscreen every day!

# SUMMER SCIENCE CAMPS

## Marsh Explorers Science Camp • for ages 7 - 9

Marsh Explorers investigate nature through experiments, individual projects and engaging, age-appropriate science learning!

DATES	THEMES
<b>Week 1:</b> Circle of Life	
June 18 - 22	Campers investigate the connections between plants, animals and insects of the Arcata Marsh system. We'll also explore how humans interact and impact our natural environment.
<b>Week 3*:</b> The Situation with Adaptations	
July 2 - 6	The marsh is home to many masters of survival, such as shore birds and specialized plants. Join us in learning how living in a coastal marsh is possible for plants, animals and people.
<b>Week 5:</b> Mustelidae-A-Day	
July 16 - 20	Spend the week weaseling around learning about different mustelid family members. From martens and badgers to otters, we'll have fun with these furry mammals.
<b>Week 8:</b> Water World	
August 8 - 10	Campers witness the scientific phenomena present in the Arcata Marsh waters. From the ponds to the bay, there's plenty for campers to explore during the final week of Marsh Camp.

**LOCATION:** Arcata Marsh Interpretive Center, 569 South G Street

**TIME:** Monday to Friday, 1 to 5 p.m.

**WEEKLY FEE:** \$116 / \$126 non-resident

**\*WEEK 3 FEE:** \$84 / \$94 non-resident



# FOAM

*Raising Awareness of Wetlands,  
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569 South G Street, Arcata, Calif.

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Arcata Recreation Division, 736 F Street, Arcata

(707) 822-7091 • Register online at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

15

# SUMMER THEATER CAMP

## Theater Camp • for ages 9 - 14

Have a blast telling stories, playing theater games and learning all the fun things to do with stagecraft, all in fresh air under the Redwoods! Anyone with an interest in theater can join and all skill levels are welcome. Campers train their voices and bodies for performance, experiment with improv and learn the basics of set building, costuming, stage makeup and so much more! **Each Friday features a camp performance for family and friends!** Theater Camp also involves hands-on work with the shows presented by Plays in the Park.

DATES	THEMES
<b>Week 4:</b> July 9 - 13	Improv
<b>Week 5:</b> July 16 - 20	Physical Theater
<b>Week 6:</b> July 23 - 27	Melodrama/Musical Theater
<b>Week 7:</b> July 31 - Aug. 4	Shakespeare and Classics

Send your camper with lunch, a water bottle, a healthy snack, and sunscreen every day!

**LOCATION:** Redwood Lounge and Stage Area in Redwood Park

**DAY/TIME:** Monday to Friday, 9 a.m. to 1 p.m.

**WEEKLY FEE:** \$116 / \$126 non-resident



# done SUMMER ADVENTURE CAMP

## Adventure Camp • for ages 9 - 14

Adventure seekers gain lifelong skills while challenging their individual limits: wilderness survival, tracking, navigation and orienteering, fire safety and cooking and adventure prep. Each week offers new activities and adventures.

DATES	THEMES
<b>Week 1</b> June 18-22	<b>Adventure Basics</b> Planning, Gear Prep, Hiking, Leave No Trace
<b>Week 2</b> June 25-29	<b>Navigation and Orienteering</b> Questing, Compasses, Maps, GPS
<b>Week 3</b> July 2-6*	<b>Weather Wise</b> Forecasting Weather, Solar Time, Star Maps
<b>Week 4</b> July 9-13	<b>Code Crackers</b> Morse Code, Encryption, Heliographs, Radios
<b>Week 5</b> July 16-20	<b>Fire Safety &amp; Cooking</b> Fire Building, Forest Fires, Back Country Recipes
<b>Week 6</b> July 23-27	<b>Wilderness Survival</b> Shelters, Knots, Tree Beds
<b>Week 7</b> July 30-Aug 3	<b>Complex Connections</b> Food Web, Tree Networks, Cycles of Life
<b>Week 8</b> Aug. 6-10	<b>Blazing Trails</b> Mountain Biking, Hiking, Trail Etiquette, Trail Design
<b>Week 9</b> Aug 13-17	<b>Tracking</b> Track Identification, Predator & Prey, Camouflage
<b>Week 10</b> Aug 20-24	<b>Search &amp; Rescue</b> Wilderness First Aid, Rescue Skills, Evacuation

**LOCATION:** Arcata Community Forest, 14<sup>th</sup> St. entrance to Redwood Park

**TIME:** Monday to Friday, 1 to 5 p.m. **WEEKLY FEE:** \$116 / \$126 non-resident

\***WEEK 3 FEE:** \$80 / \$90 non-resident



# SUMMER SKATE CAMP

## Skate Camp • for ages 6 - 9 and 6 - 14

Learn how to be safe while having fun at our local skate park.

Beginner, intermediate and advanced skaters are all welcome.

Instructed by local, skilled skateboarders who know what they're doing and want to share how to do it! Skate Camp focuses on skate park safety, etiquette, street and vert riding and of course... style!

**Full pads are required.**

**Show your camp registration and get 10% off required equipment from AMPT Skate Shop, 1040 H St., 822-9500**

**LOCATION:** Arcata Skate Park on Sunset Ave., near Hwy 101

**DAYS:** Monday-Friday

**CAMP WEEKLY FEE:** \$100 / \$110 non-resident

**AGES 6-9 YEARS DATES / TIMES:**

**Week 1:** June 18 - 22, 9 a.m. to 1 p.m.

**AGES 6-14 YEARS DATES / TIMES:**

**Week 2:** June 25 - 29, 9 a.m. to 1 p.m.

**Week 4:** July 9 - 13, 1 to 5 p.m.

**Week 5:** July 16 - 20, 9 a.m. to 1 p.m.

**Week 9:** Aug. 13-17, 9 a.m. to 1 p.m. **Girls Shred**

**Week 9:** Aug. 13 - 17, 1 to 5 p.m.



### GIRLS SHRED WITH KELLY

Girls have a long tradition in the sport and this camp is designed to share the thrill of skating with the next generation.

Invite a friend and come shred at Humboldt's first all-girls skate camp. Make a full day of it and practice your new skills at the afternoon session.

We're not afraid of  
your shoobox!



Let us help you organize and wrap up your business year. Really, you can't scare us! And you'll feel so much better to hand it over and let us take care of it for you.

[www.solutions4sb.com](http://www.solutions4sb.com) • 707-267-7923 • [info@solutions4sb.com](mailto:info@solutions4sb.com)

18

Arcata Recreation Division, 736 F Street, Arcata  
(707) 822-7091 • Register online at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

# LEADERS-IN-TRAINING



**Fun Fact: In 2016, half of Redwood Day Camp Leaders and both Directors started as L.I.T.s!**

## **What's your teenager doing this summer?**

Teens in Leader-In-Training (L.I.T.) work alongside our summer camp staff helping plan and lead activities for youth ages 4 to 14. We keep your teens busy and active helping facilitate games, hikes, field trips and more all while gaining valuable job and leadership skills.

- Pick your camp\* and your dates
- Make friends and have a blast
- Gain job experience
- Boost your college application
- Earn community service hours
- Get a head start on future job opportunities

*\*Note: L.I.T.s must be older than the age range listed for the camp!*

**REGISTRATION OPENS:** April 9

**PROGRAM FEE:** \$14 per week / \$15 non-resident or  
\$70 / \$75 non-resident for 5 or more weeks

**MANDATORY  
INTERVIEW DATES  
FOR ALL NEW L.I.T.s:  
Thurs. May 24,  
Wed., May 30 or Fri.  
June 1, scheduled  
at the time of  
registration.**

## **L.I.T. TRAINING DATES (Times subject to change)**

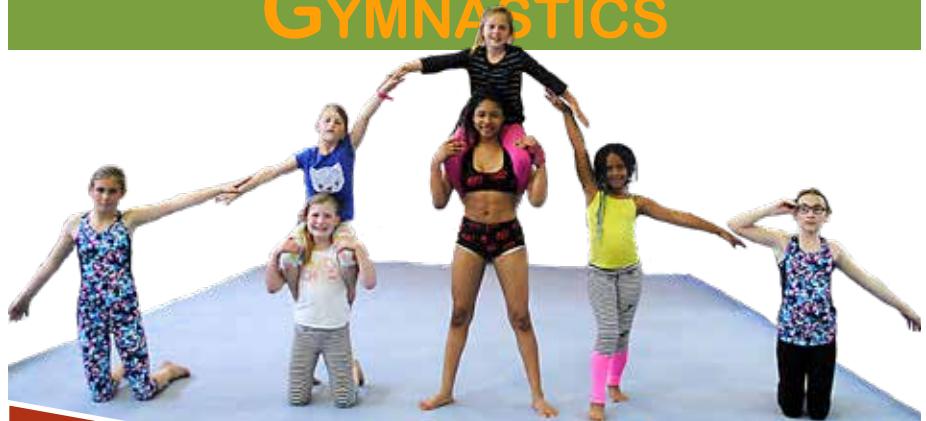
**Saturday, June 2 from 9 a.m. to 3 p.m.**

**Sunday, June 10 from 9 a.m. to 2 p.m.**

## **Leaders make a difference!**

The City of Arcata has some of the best staff around, all with outstanding safety records. Our team of fun loving First Aid and CPR certified leaders are well trained in their activities.

# GYMNASTICS



Summer  
Session

June 18 to July 20

July 23 to Aug 4

Summer  
Session #2

Fall  
Session #1

Sept. 10 to Oct. 19



## DROP-IN GYMNASTICS

FRIDAY  
NIGHT  
FLIPS

In Arcata Community Center's Gymnastics Room  
for ages 5 to 12 years

Drop off your kids for free play, fun and games!

Friday evenings from 5:30 to 7:30 p.m.

Drop-In for \$10/class or buy a 6-class pass for \$50  
Call ahead to reserve your spot: 822-7091

JUDO HUT  
GYMNASTICS

At the Judo Hut, 800 F Street  
for ages 15 months to 4 years

Bring your kids to tumble, jump and play at two  
Saturday morning classes:

10 to 10:45 a.m. & 11 to 11:45 a.m.

Come for one, stay for both!

Drop-In for \$5/class or buy a 6-class pass for \$25

20

Arcata Recreation Division, 736 F Street, Arcata  
(707) 822-7091 • Register online at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

# ARTISTIC GYMNASTICS

*At the Arcata Community Center, for ages 6 to 18 years*

**Students are  
coached through  
skill progressions  
developed by  
USA Gymnastics.  
Gymnasts build  
strength  
and flexibility in a  
non-competitive,  
fun and safe  
environment.**

**Build skills to  
progress to the  
next level.**

## **NEW STUDENT ASSESSMENT:**

We take care to make sure your child is enrolled in the most appropriate class for their age and skill set. That's why every student who is new to the Artistic Gymnastics program must be evaluated prior to enrollment. Assessment dates are listed with each session schedule of classes.



## **AVAILABLE CLASSES, BASED ON SKILL:**

Super Springers  
Beginning A  
Beginning B

***These classes are 1 hour,  
once a week.***

**Check out our current class times  
& register online at  
[www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)**

Arcata Recreation Division, 736 F Street, Arcata  
(707) 822-7091 • Register online at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

# JUDO HUT GYMNASTICS

**At the Judo Hut next to City Hall,  
for ages 15 months to 6 years**

We have new instructors who are ready to spring into action at the Judo Hut. Come run, jump, swing and play. These fun-filled classes include exploration and play on beams, bars, floor and more! **All classes meet for 45 minutes, once a week.**

## AVAILABLE CLASSES,

**BASED ON AGE:**

**Me & My Helper:**

15- 35 months,  
with an adult

**Junior Jumpers:** age 3

**Jumpers:** ages 3 - 4

**Hoppers:** ages 4 - 5

**Springers:** ages 5 - 6



Please check with the  
Recreation Office or online  
for a detailed schedule of classes for each session.  
Class days and times will vary from session to session.

## BIRTHDAY PARTIES

### Arts & Crafts Party

**Looking to express your creative side?**

Have fun making, creating and playing at an Arts and Crafts Birthday Party! We provide a fun party host who will lead your guests in crafts and activities with time for cake, presents and free play.

#### LOCATIONS:

Arcata Community Center (Teen Room)  
or Redwood Lodge & Lounge  
*Playground available if weather permits.*

#### CHOOSE A THEME:

PRINCESS

PIRATES

ANIMALS

Age  
3+

Age  
6+

Eco-ART

PAINTING

JEWELRY MAKING

OR ANY OF THE THEMES AT LEFT

# BIRTHDAY PARTIES

## Gymnastics Party

**Jump into fun with a Gymnastics Party!**

Instructors set up and help facilitate gymnastics activities while allowing time for cake and presents if desired. All gymnastics parties are limited to 14 participants.

### Judo Hut

Jump, climb and explore on beams, bars and more! Children under 2 and those not potty-trained must be accompanied by their legal guardian.

Age  
15 mo.-  
6 yrs.

### COMMUNITY CENTER

An awesome place to play. With bars, beams and a large carpeted floor perfect for tumbling, kids are sure to have a blast. Experience required.



## PARTY INFORMATION

### Days:

Fridays, Saturdays and Sundays  
(based on availability)

### Two-Hour Party Fee:

**Up to 14 participants:**  
\$125 / \$135 non-resident

**15 to 30 participants:**  
(Arts & Crafts and Play Center parties)  
\$150 / \$160 non-resident

### Registration:

Pick a party type and request at least 14 days in advance. It may take up to a week to confirm your party request. Each participant must be signed in upon arriving at the party.

### Cancellation Policy:

Our office must receive notice of cancellation at least 4 working days prior to the scheduled party date. If you cancel after this time, we will happily refund half of your party fee.

### Don't Forget:

Cake, beverages, decorations, plates, napkins, forks, candles, tablecloth and camera. Please arrive 30 minutes early for set-up and plan to stay at least 30 minutes for clean-up.

**MAKE A  
RESERVATION TODAY!**

# WHERE Is...

## ARCATA BALLPARK

888 F Street

## ARCATA CHALLENGE COURSE

500 E. 14th Street in Redwood Park

## ARCATA COMMUNITY CENTER

321 Dr. Martin Luther King Jr. Pkwy.

## ARCATA MARSH INTERPRETIVE CENTER

569 South G Street

Open Tuesday-Sunday 9 a.m. to 5 p.m. and Monday 1 to 5 p.m.

## D STREET NEIGHBORHOOD CENTER

1301 D Street

## JUDO HUT

800 F Street, next to Arcata City Hall

## LARSON PARK

901 Grant Ave. at Eye St.

## LIBRARY CONFERENCE ROOM

500 7th Street, next to the Arcata Library

## REDWOOD LODGE / PICNIC AREA

490 E. Park Road in Redwood Park

## REDWOOD LOUNGE / STAGE AREA

499 E. Park Road in Redwood Park

## Take a Walk!

Get out and explore our community with our self-guided tours, walks or Redwood EdVenture Quests. Visit [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec) to download maps, brochures and activities. You are sure to learn new things about our local art, murals, plants and animals. There's so much to explore in our community!

- Downstream Designs
  - Explore & Adore
- Forest EdVenture Quests
- Marsh EdVenture Quest
  - Botanical Walkabout
  - Sculpture Scavenger
- Arcata Sculpture & Mural Walks
- Forest Scavenger Hunt for Kids
  - Marsh Bird Bingo

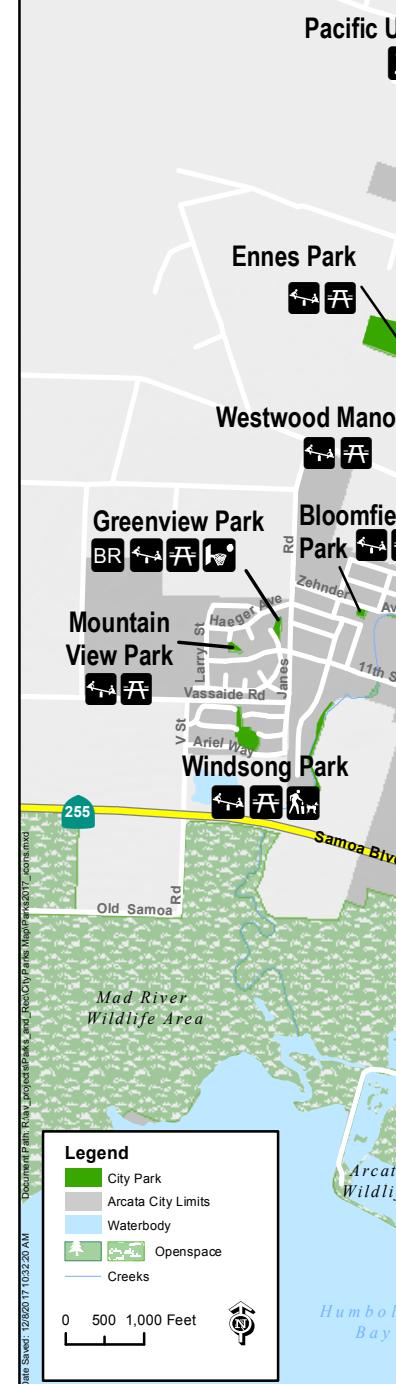
City of Arcata

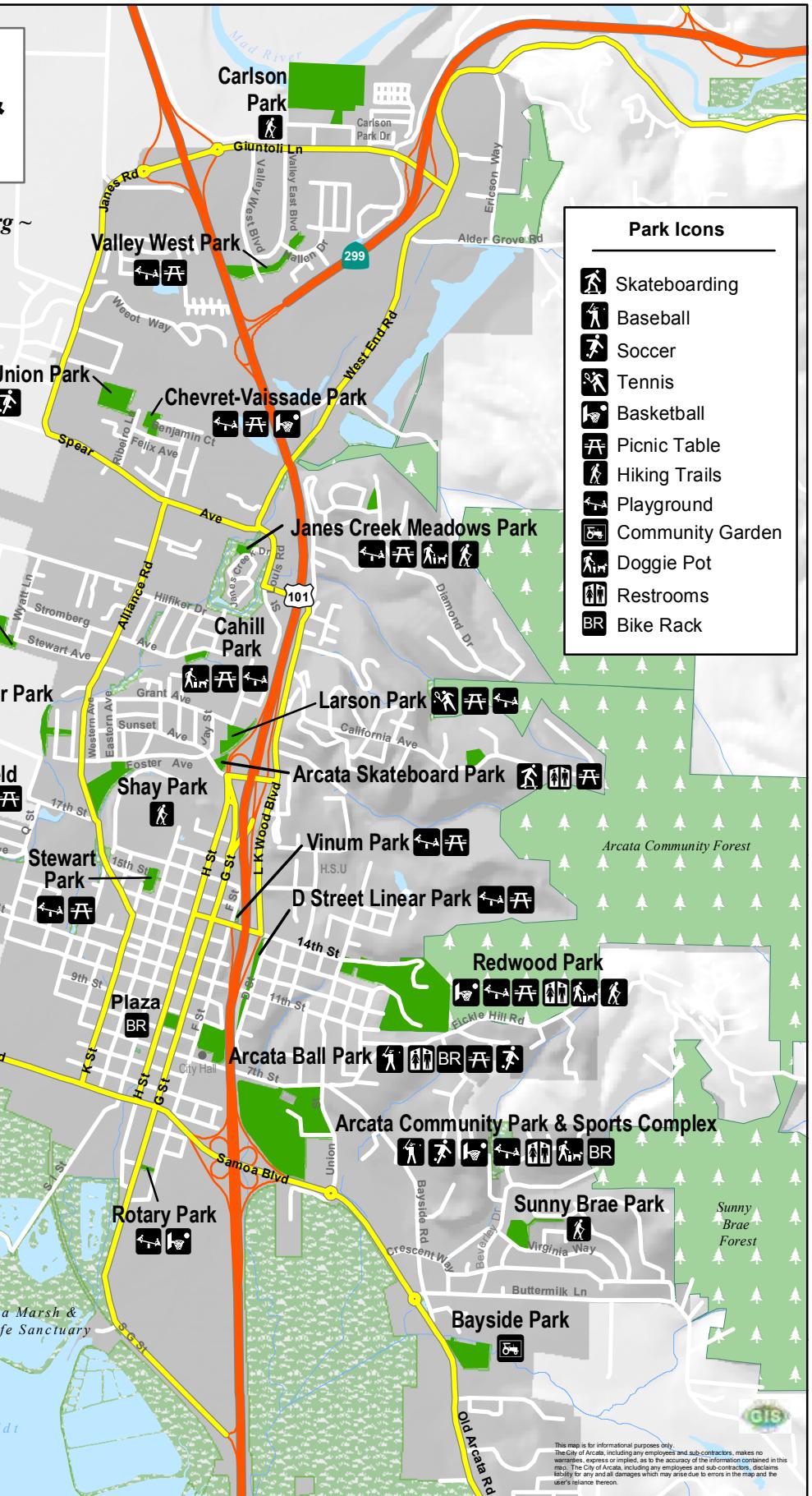
## Arcata Parks & Playgrounds

~ [www.mapofplay.kaboom.org](http://www.mapofplay.kaboom.org)

Enter your zip code and watch the map populate with local parks and playgrounds!

Get outside and play!





This map is for informational purposes only.  
The City of Arcata, including any employees and sub-contractors, makes no  
warranties, express or implied, as to the accuracy of the information contained in this  
map. The City of Arcata, including any employees and sub-contractors, disclaims  
liability for any and all damages which may arise due to errors in the map and the  
user's reliance thereon.

# ARCATA PLAY CENTER

Arcata Recreation Division, with funding from First 5 Humboldt, offers a safe and comfortable place for families to meet and share parenting and play experiences with their children. It's the place to be!

**FACILITATORS:** Jaymi, Valerie, Cat & Lauren



**AGES:** Birth to 5 years

**LOCATION:** D St. Neighborhood Center, 1301 D St

**DAYS:** Mondays, Tuesdays & Wednesdays

**TIME:** 10 a.m. to noon

**SUGGESTED DAILY DONATION:** \$3 / child



## CHALLENGE COURSE



The Challenge Course, located in the beautiful Arcata Community Forest, is a fun-filled outdoor adventure focusing on team building, skill development and environmental education. Groups work together in challenge-by-choice physical activities to master the arts of strategy, leadership, communication, teamwork, goal setting and time pressures.

*Ideal for: Sports Teams, School Groups, Girl Scouts or Boy Scouts, Summer Camps, Family Gatherings, Small Businesses, Religious Groups, Management Retreats, Birthday Parties and Non-Profits!*

**LOCATION:** 500 East 14th Street, Redwood Park in Arcata.

**AGES:** 4 and older    **PROGRAM LENGTH:** ~ 3 hours

**FEES:** \$40 per individual; 10 person group minimum.  
\$30 per individual for groups of 25 or more.

# FAMILY CERAMICS

Join Katie and Chris for this fun-filled, family-friendly class. Come be creative with your kids. Our family ceramics class gives you the opportunity to spend quality time with your kids while bringing your creative side to life. Moms, dads, grandparents, siblings we invite the whole family to join in the fun. Families will make a variety of pieces learning various ceramic techniques.



**LOCATION:** Arcata Community Center, Teen Room

**DAY:** Tuesdays, May 22 to June 26 and again July 10 to Aug. 14

**TIME:** 6:30 to 8 p.m.

**AGES:** 6 years and up with an adult participant

**FEE:** \$70 / \$80 non-resident for up to 4 family members  
\$5 each additional family member



## Your Donation Makes A Difference...

Provide a Garden Plot to a low-income family  
so they can also access healthy food.

Help send youth to a Gymnastics Session • a Week of Summer Camp  
• a Month of Jujitsu • a Challenge Course Adventure!

# WAE YU NAE GONG

Wae Yu Nae Gong (outside soft, inside strong) is a practical and effective martial art that blends Brazilian Jiu Jitsu, Kickboxing, Judo, Kung Fu, Kenpo, Hwa Rang Do, Tae Kwon Do, Hapkido, Aikido, and weaponry into a martial arts system that is easy and fun to learn! Class emphasis will be on learning street defense, developing focus, balance of mind and body, and compassion towards others. *If you have questions regarding this class please contact instructor Daniel Perez at nchrda2@pacbell.net or 834-0792.*

## INSTRUCTOR:

Daniel Perez

## LOCATION:

Judo Hut, 800 F St.  
located on the  
Arcata Ballpark  
level



## FOR YOUTH 5 AND OVER AND ADULTS

**Days:** Tuesdays and Wednesdays, June 18 to August 27

**Time:** 5:30 to 6 30 p.m.. **Monthly Fee:** \$30 / \$40 non-resident

**Drop-in Fee:** \$10 per class **Uniform and Patches:** \$45 (Pay instructor)

**Cancellation Dates:** May 29 & 30, June 5 & 6

See website for Spring class schedule.

**Daniel Perez has over 40 years of martial arts experience and has taught martial arts and self-defense to adults and children on the North Coast for over twenty years. Daniel is the founder and Grandmaster of the martial art Wae Yu Nae Gong and holds a Bachelor's degree in music and a Master's degree in Kinesiology.**

# ATLANTIS'S FITNESS CLASSES

Atlantis has a love for health and fitness and wants to share that love with you in a fun and safe environment that is inclusive to everyone. Classes are dynamic and music-driven, focusing on both high and low impact as well as high and low intensity. Classes are taught in a manner that incorporates ALL fitness levels. For more details, contact atlantiscoral@yahoo.com, put "Classes" in subject line.

## INSTRUCTOR:

Atlantis Riddle

*Certified in INSANITY Live, PiYo Live, P90X Live, Core De Force & Zumba. In June she will receive her Group Fitness Certification.*



**LOCATION:** D Street Neighborhood Center  
1301 D St.

**AGES:** All Ages  
(under 18 w/parent or guardian)

**DAYS:** Wednesdays and Fridays

**DROP-IN FEE:** \$5 (Bring light to medium hand weights and yoga mat.)

**CANCELLATION DATES:** July 4 & 6

A photograph of a young child sitting on the floor, playing with a golden retriever puppy. They are in a room with large windows covered by Hunter Douglas Nantucket Window Shadings. The room also features a white shelving unit with toys and books, and a small painting on the wall.

HunterDouglas 

Nantucket® Window Shadings

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# DROP-IN ACTIVITIES

Can't commit to a class? Why not drop in to these fun activities? You don't need to register, just come by and have some fun! Some regular classes also have a drop-in option; see description of those classes in this Guide. *Please note that drop-in fees for classes other than those on these pages vary.*

Drop-in  
fee is just \$3  
for any of these  
activities! OR get  
a 10-class Punch  
Pass for just  
\$20!

## Drop-In Badminton

*In the Arcata Community Center Multi-Purpose Room*

Tuesdays & Thursdays, 6 to 8 p.m. June 5 - July 26  
(No drop-in June 12 & 14)

*Gym closed for floor refinishing July 30 - Aug. 19*

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

## Drop-In Basketball

*In the Arcata Community Center Multi-Purpose Room*

Tuesdays & Thursdays, 8 to 10 p.m. June 5 - July 26  
(No drop-in June 12 & 14)

*Gym closed for floor refinishing July 30 - Aug. 19*

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

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[hbac@humboldt.edu](mailto:hbac@humboldt.edu) | [www.humboldt.edu/hbac](http://www.humboldt.edu/hbac)

# DROP-IN ACTIVITIES

## Drop-In Community Song Circle

*In the Arcata Community Center Teen Room*

The first Thursday of the month, 7 to 10 p.m.

June 7, July 5 & August 2

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

## Drop-In Hula Dance

*In the Arcata Community Center Gymnastics Room*

Saturdays, 9 to noon, June 2 - August 25

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

## Drop-In Pickle Ball

*In the Arcata Community Center Multi-Purpose Room*

Mondays (3 :30 to 6:30 p.m.), Wednesday (4 p.m. - 6:45 p.m.)

Fridays (noon to 3 p.m.)

(*No drop-in June 11-15 - 15, July 4*)

*Gym closed for floor refinishing July 30 - Aug. 19*

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

## Drop-In Samba Drumming

*At the D Street Neighborhood Center*

Sundays, noon to 3 p.m. June - August

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

## Drop-In Table Tennis

*In the Arcata Community Center Senior Dining Room*

Mondays & Wednesdays, 6 to 8 p.m.

June 4 - August 29

Check monthly "Drop-in" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

cityofarcata.org/rec

Drop-in  
fee is just \$3  
for any of these  
activities! OR get  
a 10-class Punch  
Pass for just  
\$20!

## Drop-In Ukulele

*In the Arcata Community Center Arts & Crafts Room*

The first Monday, second Tuesday &

third Thursday 5 to 7 p.m. June - August

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

## Drop-In Volleyball

*In the Arcata Community Center Multi-Purpose Room*

Mondays & Wednesdays 7 to 9 p.m. June 6 - July 25

(*No drop-in June 13 & July 4*)

*Gym closed for floor refinishing July 30 - Aug. 19*

Check monthly "Drop-In" schedule @ [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

# FIELD/COURT RENTALS

Search “Venues” at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

Looking to host a game,  
secure a practice location  
or just have fun?

Call (707) 822-7091  
for more details.



Fields at Arcata Sports Complex (Soccer and Softball)



Tennis Courts at Larson Park

Bocce Courts at Larson Park



Fields at Pacific Union (Soccer and Softball)



Arcata Ballpark

For rental rates, available dates or more details,  
call us at 822-7091 or visit [www.cityofarcata.org](http://www.cityofarcata.org)

**RESERVE YOUR SPACE TODAY!**

# FACILITY & PARK RENTALS

Planning a meeting, party or special event?



Arcata Community Center



D Street Neighborhood Center



Gazebo at Larson Park



Library Conference Room



Redwood Lodge



Redwood Lounge



Picnic Area at Redwood Park



Stage Area at Redwood Park

For rental rates, available dates or more details,  
call us at 822-7091 or visit [www.cityofarcata.org](http://www.cityofarcata.org)

**RESERVE YOUR SPACE TODAY!**

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for more info

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Nursery since 1981

Locally owned  
and operated



# JUJITSU & SAMURAI

Dan Zan Ryu Jujitsu is a traditional Japanese/Hawaiian system covering escapes, strikes and throws. The art lends itself readily to practical self-defense on basic and advanced levels. Class emphasis is placed on physical conditioning, character development and community.

Jujitsu  
for all  
ages! Give  
it a try!

**INSTRUCTOR:**

Matthew Olson

**LOCATION:**

Judo Hut, 800 F St.

**DAYS:**

Mondays & Thursdays

**DATES:**

Monthly / Ongoing

**No CLASS:**

May 29 & July 3



## YOUTH SAMURAI

*Beginning martial arts training taught in higher energy classes using games with martial concepts, focusing on strength, balance and coordination.*

**AGES:** 5 - 8 years (skill dependent)

**LEVEL 1:** 5 to 5:45 p.m.

**LEVEL 2:** 5:45 to 6:30 p.m.

**FEES:** \$20 (2 days/week for 1 mo.) / \$30 non-resident

**DROP-IN FEE:** \$5 per class

## YOUTH JUJITSU

*Traditional self defense martial arts consisting of escapes, locks, striking, throwing and grappling. Beginning to advanced, all are welcome.*

**AGES:** 8 - 16 years

**TIMES:** 6:30 to 7:45 p.m.

**FEES:** \$25 (2 days/week for 1 mo.) / \$35 non-resident

**DROP-IN FEE:** \$6 per class

## ADULT JU- JITSU

**AGES:** 16 years and older

**TIMES:** 7:45 to 9:15 p.m.

**FEES:** \$30 (2 days/week for 1 mo.) / \$40 non-resident

**DROP-IN FEE:** \$7 per class



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# Waiting for Murphy's 2018 ad

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**INSURANCE**  
AGENCY

400 G Street, Arcata, CA 95521

Bus: 707-822-2421  
0610405

• Fax: 707-822-1105

• [lsi@sundbergagency.com](mailto:lsi@sundbergagency.com)



# HUMBOLDT TENNIS



Your local USTA Community Tennis Association offering  
Year-Round Tennis Programs since 2010!



Programs for Ages 5 and UP!

For more information check out:

[www.humboldttennisclub.com](http://www.humboldttennisclub.com) or call: 707.616.4781



Find us on  
[Facebook/humboldttennisclub](#)

## Hits and Kicks



Find us on  
[Facebook](#)

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Balls  
Nike  
Adidas  
Team Gear  
Elite Socks  
and Much More!

**SPORTING GOODS  
ON THE PLAZA • ARCATA**

# BAYSIDE PARK FARM & COMMUNITY GARDEN



City of Arcata's

**Bayside Park Farm**  
*Community Supported Agriculture*

930 Old Arcata Road in Arcata



## Food For Thought... Rent A Garden Plot!

Grow organic fruits, vegetables and flowers for your family and friends.

*Join other community gardeners and share in the growing vision!*

**PLOT SIZE:** Approximately 4' x 25'

**ANNUAL FEE:** \$75 / \$85 non-resident

*Call the Recreation office at (707) 822-7091 to find out about available garden plots.*

## Something for everyone!

From trail mix and granola to dried fruit and peanut butter, our Bulk Department has everything to sustain your outdoor outings.



**Your one stop snack shop for adventures!**

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**COOP**

[www.northcoast.coop](http://www.northcoast.coop)

Open Daily  
6am to 9pm

811 St. Arcata  
25 4th St. Eureka

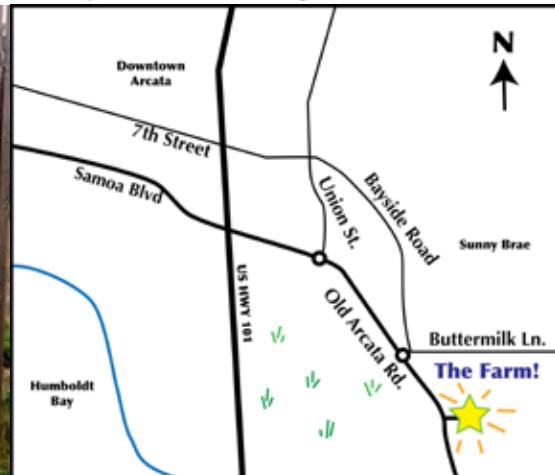


City of Arcata's

# Bayside Park Farm

*Community Supported Agriculture*

930 Old Arcata Road in Arcata



## Summer Farm Shares

*Look forward to Summer Farm Shares*

**Just \$450/share June-November!**

*Share the bounty, get a farm buddy!*

**VEGETABLES YOU RECEIVE INCLUDE:** arugula, basil, beets, broccoli, Brussels sprouts, cabbage (green & red), calendula, carrots, cauliflower, chamomile, chard, chives, cilantro, cucumbers (lemon & slicing), collards, dill, fennel, flowers, garlic, green onions, green beans, kale, leek, lettuce, mint, onions, oregano, peppers (hot & sweet), parsley, parsnip, potatoes, peas, pumpkins, radishes, sage, spinach, squash, thyme, tomatoes & turnips!

### How do I get started?

- Call Farmer Jayme at (615) 427-9372
- Email [baysideparkfarm@cityofarcata.org](mailto:baysideparkfarm@cityofarcata.org)
- Pick up an application from the Recreation Office
- Download an application or enroll online at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

### VOLUNTEER AT THE FARM!

**Drop in volunteer hours are on Fridays 2 to 5 p.m. – stop by and we'll put you to work! Tasks include weeding, planting, hoeing, caring for farm animals, and a variety of other daily farm jobs. Volunteer days are a great way to get outside, be active and meet others who have the same interest in organic agriculture and good food. To show our gratitude, you will receive fresh organic produce. Bring a water bottle and a bag to take veggies home in.**

**threadbare** dancewear  
**threadbare** dancewear

humboldt county's  
local source  
at 668 8<sup>th</sup> street  
in arcata

dance shoes and  
apparel for  
children and adults

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**MIDWIVES**  
BIRTH CENTER

**Homebirth**

**Birth Center**

**Birth**  
**Revolution**

Contact us: 707-633-3009  
[moonstonemidwives@gmail.com](mailto:moonstonemidwives@gmail.com)  
[www.moonstonemidwives.com](http://www.moonstonemidwives.com)

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**Fire Arts Center**  
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[www.fireartsarcata.com](http://www.fireartsarcata.com)

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# \$20!

Send your name, address and \$20 to Mad River Union, 791 Eighth St. No. 8, Arcata, CA 95521 and we'll sign you up for a 6 month subscription. That's cheap!

**40**

Arcata Recreation Division, 736 F Street, Arcata  
 (707) 822-7091 • Register online at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec)

# ARCATA FOREST PROJECTS

## Be a Volunteer Trail Steward!

Volunteer Trail Stewards (VTS) is a grassroots program of the Humboldt Trails Council ([www.humtrails.org](http://www.humtrails.org)). Stewards serve as community eyes and ears whenever they are out walking, running or riding the trail. Stewards also call in safety hazards, pick up litter and report camping or inappropriate use, but are not the police. In addition, about once a month Stewards host a Saturday morning work session where volunteers work with City staff on a trail project. This may be brushing back a section of trail, rebuilding a wash-out, removing exotic plants or improving signage. No prior experience or tools are required; the only qualification is willingness. *For more information or to volunteer email [hughes@humboldt.edu](mailto:hughes@humboldt.edu).*

## Volunteer at a Workday!

A variety of volunteer forest projects and tours are available, periodically, throughout the year. Invasive plant removal, trail construction and a variety of guided interpretive tours are some of the ongoing events offered annually. The City of Arcata invites the community and community groups to assist with stewardship of all of Arcata's natural resources, including the Arcata Marsh and waterways.

- Saturday volunteer workdays run from 9 a.m. to 1 p.m.
- Forest, Marsh & Shay Park workday dates are subject to change: Contact Darius Damonte at (707) 825-2105 or [ddamonte@cityofarcata.org](mailto:ddamonte@cityofarcata.org) for information on meeting locations
- The City of Arcata provides gloves, tools, first aid kit, snacks and beverages.
- Prior to work, a safety talk and tool-use instruction is presented.
- Volunteers must wear work clothes & boots and sign a liability release form.

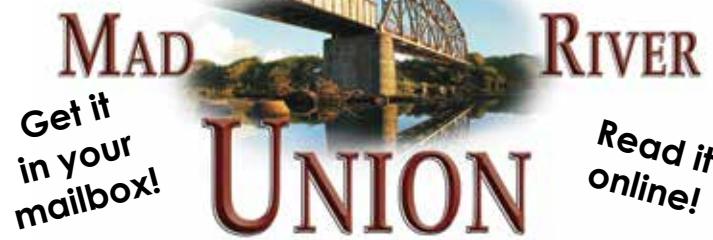
DATE	LOCATION	WORK
April 7	Valley West Park, Carlson Park & Bus Stops	Arcata Safety Committee
April 28	TBA	Trail Project
May 12	Shay Park	Trash Clean-Up
May 26	TBA	Trail Project
June 9	Cahill Park, Stewart Ct., Western Ave., Arcata High School, & Janes Creek Meadows Trails	Arcata Safety Committee
June 23	TBA	Trail Project
July 28	TBA	Trail Project
Aug. 25	TBA	Trail Project

Ad coming

# Support community journalism



# SUBSCRIBE!



6 months \$20

2 years: \$70

1 year: \$40

3 years: \$90

**Get in online *and* in your mailbox!**

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Mad River Union, 791 8th St., Ste. 8, Arcata, CA 95521

Or subscribe online at [madriverunion.com](http://madriverunion.com).

Ad coming

# ALL SEASONS ORCHESTRA



All Seasons Orchestra includes strings, woodwinds, brass and percussion. This community orchestra is open to all ages. *Seasonal performance opportunities are offered throughout the year and are a pivotal part of this orchestra. Get involved!*

**LOCATION:** D St. Neighborhood Center, 1301 D St. in Arcata

**COORDINATORS:** Dick & Kathy LaForge, (707) 443-2626

**DAY/ TIME:** Saturdays, 10 a.m. to noon

**SEASON:** January - July & September - December

**FEE:** \$25 per season / \$30 non-residents. *Scholarships are available!*

**CONCERTS:** Trinidad Town Hall, 409 trinity St. in Trinidad, Saturday, June 30 at 4 p.m.. D street Neighborhood Center, 1301 D St., Saturday, July 1 at 5 p.m.

## YOUTH DEVELOPMENT SCHOLARSHIP FUND

Thanks! to  
Humboldt Area  
Foundation and  
Humboldt Sponsors  
for their generous  
grant donations  
year after  
year.

The City of Arcata Recreation Division is committed to making our programs available to all youth in our community. With generous community support, we are able to provide financial assistance to eligible youth.

These scholarships provide a 30% fee reduction on all youth-based activities and programs. The Youth Development Scholarship Fund relies solely on grants, fundraisers and donations to provide this invaluable service. *If you would like to be considered for a scholarship, please apply in person at the Arcata Recreation Office. Please bring proof of eligibility. Call 822-7091 for more information.*

### Support Local Youth!

Make a donation to the Youth Development Scholarship Fund.

Call (707) 822-7091 or go to our website [www.cityofarcata.org](http://www.cityofarcata.org)

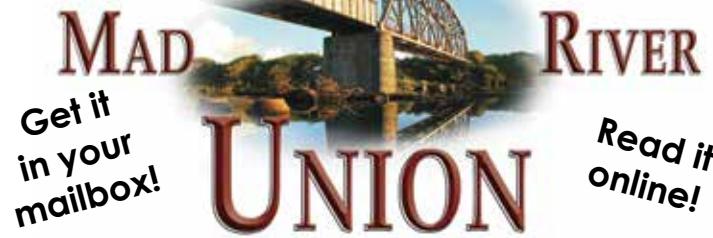
All donations are tax deductible.

**Federal Tax #94-2186507**

# Support community journalism



# SUBSCRIBE!



6 months \$20

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**Get in online *and* in your mailbox!**

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Address: \_\_\_\_\_

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Email: \_\_\_\_\_

**Clip & send to:**

Mad River Union, 791 8th St., Ste. 8, Arcata, CA 95521  
Or subscribe online at [madriverunion.com](http://madriverunion.com).

# ADDITIONAL INFORMATION

## The Arcata Parks and Recreation Team



**Come out and play with us!**

Back row (left to right): Heather Leigh, Sara, Cole, Art, Kevin, Justin, Wes, Matt, Heather Rose, Mike R.

Front row (left to right): Pauli, Mike O., Dennis, Oded, Stan

Not Pictured: Julie, Ed, Damian, Dutch, Tom, Reg, Fred, Makani, Darius, Javi, Nick, Vaden, Jayme, Jess, Amanda

**Recreation office hours are Monday through Friday,  
9 a.m. to 5 p.m. We do not close for lunch. Come on in!**

## HELPFUL PHONE NUMBERS

**Arcata Chamber of  
Commerce**  
822-3619

**Arcata Community Pool**  
822-6801

**Arcata Library**  
822-5954

**Arcata Main Street**  
822-4500

**Arcata Marsh  
Interpretive Center**  
826-2359

**Arcata Wrestling**  
633-6107 / (360) 600-5930

**Arcata Youth Baseball**  
496-7057

**Arcata Youth Football**

633-1770

**City of Arcata**

822-5951

**Far North Climbing Gym**

826-9558

**Food for People**

445-3166

**Humboldt Adult Soccer**

444-3333

**Humboldt Bay**

**Tourism Center**

672-3850

**Humboldt Swim Club**

267-7946

**North Coast Community  
Garden Collaborative**  
269-2071

**Mad River Adult Softball**  
445-3432

**Mad River Girls  
FastPitch Softball**  
*humboldtfastpitch@gmail.com*

**Mad River Union newspaper**  
826-7000

**Mad River Youth Soccer**  
822-3333

**RampArt Skate Park**  
826-0675

**T-Ball**  
633-8783

**Your Donation Makes A Difference...**

Provide a Garden Plot to a low-income family  
so they can also access healthy food.

Help send youth to a Gymnastics Session • a Week of Summer Camp • a Month of Jujitsu • a Challenge Course Adventure!

# **ADDITIONAL INFORMATION**

## **Cancellation and Refund / Credit Policy**

1. Full refunds/credits will be issued for any class or activity cancelled by the Arcata Recreation Division.
2. To receive a refund, customer cancellations must be submitted in writing, at least one week prior to the start of the program. Requests may be hand delivered, mailed (736 F St. Arcata, CA, 95521), faxed (707-825-2118), or emailed (rec@cityofarcata.org). Refunds/credits are not given for individual days missed. "Make up Days" are not offered.
3. Customer cancellations will incur a \$5 Processing Fee.
4. Exceptions to our policy requires you to complete a Cancellation/Refund Request Form. If granted, refunds/credits will be computed from the day the written request was received. Refunds will first be applied to any household balance due.

## **ARCATA PLAZA VENDING PROGRAM**

To increase public use and enjoyment of the Arcata Plaza, the sale of food and wares on the Plaza was approved by the City Council. This program was created to promote start-up businesses and is designed to offer short-term exposure for new businesses to potentially relocate within Arcata. Anyone wishing to sell food or goods on the Arcata Plaza must have a current business license, insurance and a valid Plaza Vending Permit. Permits are valid for 90 days. For more information, consult the Plaza Vending Program Guidelines handout, available at the Arcata Recreation Division office and online at [www.cityofarcata.org/rec](http://www.cityofarcata.org/rec). Please allow up to 30 days for the application process.

## **ADA Compliance**

**The City of Arcata Recreation Division complies with the Americans With Disabilities Act (ADA), which prohibits discrimination on the basis of a disability. Arcata Recreation Division will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements. The recreation programs offered by Arcata Recreation will be available in the most integrated setting appropriate for each individual.**



# Join Us at the Arcata School District!

## Arcata Elementary School (Grades TK-5) & Sunny Brae Middle School (Grades 6-8)



**The Arcata School District is an amazing place for your child!**

- Daily Music & Dance Classes
- Organic Student Garden
- Encouraging Children's Creativity and Curiosity
- Extensive Elective Offerings at Sunny Brae Middle School
- After School Program (for both schools)
- 1:1 Computers Grades 5-8 for 21st Century Skills



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